



SANTIAGO CHIROPRACTIC ASSOCIATES

75 NORTH BEVERWYCK ROAD, LAKE HIAWATHA, NJ 07034
(p) 973.335.5666, (f) 973.335.6187
www.SantiagoChiropractic.com

WELCOME MARY ELLEN AND GRACE!

Lake Hiawatha, NJ, September, 2013 —As our summer staff heads back to school, we would like to announce and welcome new faces to Santiago Chiropractic.



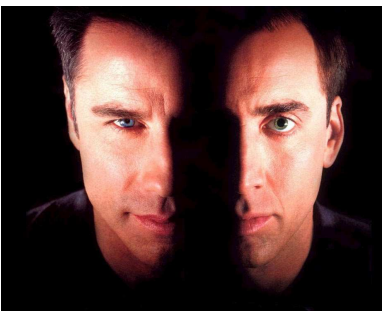
Mary Ellen Palumbo will serve as front desk receptionist during our morning hours. Mary Ellen is a native of Morris Plains where she currently resides with her husband and three children. No stranger to health and fitness herself, she is a Certified Personal Trainer and also teaches fitness classes in her spare time at the Greater

Morristown YMCA. She looks forward to meeting our patients and getting to know them individually.



Grace David, of Parsippany, NJ, is a Junior studying Communication Disorders at William Patterson with plans to become a Speech-Language Pathologist. You will meet Grace at the front desk primarily in the evenings. Grace enjoys photography, playing bass guitar, and spending time with her family and new puppy. Grace is very excited to gain experience in

the health care field, learn about the chiropractic profession and to get to know the patient population.



“FACE OFF” CHALLENGE QUESTION

If one man, beginning today, were to start exercising everyday for the rest of his life, but eat whatever junk food he desired and a second man, beginning today, were to eat only the healthiest of foods everyday for the rest of his life, but never go out of his way to do anything physical, which man do you think would be better off in the end?

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EAT WELL, MOVE WELL, THINK WELL



On August 7, 2013, Dr. Julie Scarano served as guest speaker for the Morris County Multi-Organ Transplant Group presenting a lecture entitled, *Eat Well, Move Well, Think Well*. If you know of a group, team, staff or organization that would benefit from this wellness talk, contact our office to make arrangements today.

The Multi-Organ Transplant Group meets monthly in the Community Room of the Parsippany Police Station and is open to anyone with an organ or tissue transplant, their family members, and anyone on the wait list. For more information on this wonderful organization, contact Nick at 973-984-6966 or email: mcorgangroup@gmail.com.

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